



# Walk the Great Glen Sample Itinerary

## Banavie to Inverness

This cruise allows guests the opportunity to walk all 75 miles of the great glen, from one coast of Scotland to the other. On the Walk the Great Glen weeks the barge stops are planned to suit the walking stages, breaking them into manageable day walks of between 10 and 15 miles. Our friendly guide, while leading, will point out places of interest along the way. As with all of our cruises, you can choose to do as much or as little as you want, and enjoy the holiday at your own pace. **(All distances/heights are approximate)**

### Saturday



Boarding time is 14:00. After meeting the crew and the other guests you will be taken by taxi/minibus to the westernmost point of the canal, at Corpach, to start your first walk of the week. It follows the canal towpath, with excellent views of Ben Nevis, to Gairloch where the barge will be berthed overnight.

**Distance: 8 miles; Height gain: <20m**

### Sunday



From Gairloch, the walk will take you around Bunarkaig Bay, with great views down Loch Lochy and into the Achnacarry Estate, home of the clan chief of the Camerons of Loch Eil. You will pass the stunning Chia-Aig Falls and return to the side of Loch Lochy for lunch at Clunes. In the afternoon we will walk the remainder of Loch Lochy to Laggan Locks, where the barge will be awaiting our return. Alternatively you could remain on the barge and watch the scenery from the water.

**Distance: 14.7 miles; Height gain: 140m**

### Monday



Leaving Laggan, the morning walk takes you up a short section of canal and onto the shores of the beautiful and secluded Loch Oich. Some of the trail will be on the disused Spean Bridge to Fort Augustus railway line, and the rest is on General Wade's Military Road, Scotland's first metalled road. This will lead you to Culloch, where you will join the barge for lunch. A 5 mile walk makes up the rest of the journey to Fort Augustus. First along a towpath and then up a small hill (120m) which gives fantastic views right up Loch Ness. The descent takes us into Fort Augustus.

**Distance: 11.5 miles; Height gain: 140m**

### Tuesday



The day's walk starts with a climb out of Fort Augustus to a viewpoint over the loch. The path then splits in two. The High Route takes you up above the trees for breath-taking views over the Monadhliath Mountains. The Low Route stays below the tree line with viewpoints across Loch Ness. Both routes converge at Invermoriston, where you will have lunch. In the afternoon there is another climb out of Invermoriston before descending to Alltsigh, where the barge will pick you up and take you back to Fort Augustus for the night.

**Distance: 13 miles; Height gain: 200m (High Route: +1 mile, +300m)**

### Wednesday



The day will start with a breakfast cruise back to Alltsigh so the walkers can continue their journey. After being dropped at the beach, the morning will be spent climbing through some lovely pine forest to the pottery and café at Grottaig. There you will stop for lunch (and maybe some retail therapy at the pottery!) before heading, via country roads, down into Drumnadrochit. At the far side of town you will be picked up by the barge again and taken across the loch to overnight at Foyers.

**Distance: 13 miles; Height gain 400m**

### Thursday



The barge will drop the walkers in the morning. You will then climb one last time, getting your final views of Loch Ness, up to the Abriachan Forest School and Eco-Café, our most eclectic lunch stop of the week. After lunch you will descend through the trees to Dochgarroch to re-join the barge for a well-earned dinner.

**Distance: 14.5 miles; Height gain: 350m**

### Friday



The final walk of the week takes you from Dochgarroch, along the canal towpath, to Clachnaharry Sea Lock, the end of the canal and the end of your coast to coast journey!

**Distance: 7 miles; Height Gain: -15m**

**Guests are fully briefed each day on the cruise plan and activity options. The itinerary above is purely an example with all activities subject to the weather conditions.**

